PHYSICAL EDUCATION OBJECTIVES:
- I will talk with classmates about why physical activity is good for us.
- I will enjoy being physically active.

SOCIAL AND EMOTIONAL OBJECTIVES:
- I will control my body and behavior and stay 6 to 12 feet away from my classmates.
- I will behave in ways that are trustworthy.

WELLNESS OBJECTIVES:
- I will be physically active every day for at least 60 minutes.
- I will look for a safe activity space at home that I can use every day.

CONTENT-SPECIFIC PRIORITY OUTCOMES

Physical Education Priority Outcomes:
VALUES PHYSICAL ACTIVITY: PERSONAL HEALTH
Students recognize the value of physical activity for physical, emotional, and mental health.
- (K) Recognize physical activity is important for good health.
- (1) Recognize physical activity is important of good physical, emotional, and mental health.
- (2) Identifies ways that physical activity improves physical, emotional, and mental health.

Social and Emotional Learning Priority Outcomes:
SELF-MANAGEMENT: SAFETY
- (Elementary) Defines and applies strategies for impulse control as well as emotional and behavioral regulation with consideration for self and others.
SOCIAL AWARENESS: SAFETY
- (Elementary) Recognizes and demonstrates respect for social and ethical norms with consideration of self and others.
WEEK 2 STUDENT LEARNING OBJECTIVES

PHYSICAL EDUCATION OBJECTIVES:
• I will participate in all physical education learning activities.
• I will enjoy being physically active.

SOCIAL AND EMOTIONAL OBJECTIVES:
• I will control my body and behavior and stay 6 to 12 feet away from my classmates.
• I will be enthusiastic, and I will also safely control my personal behavior.

WELLNESS OBJECTIVES:
• I will be physically active every day for at least 60 minutes.
• I will draw a map of a safe physical activity space in my home.

CONTENT-SPECIFIC PRIORITY OUTCOMES

Physical Education Priority Outcomes:
VALUES PHYSICAL ACTIVITY: SOCIAL INTERACTION
Students recognize the value of physical activity for physical, emotional, and mental health.
• (K) Discuss the enjoyment of playing with family and friends.
• (1) Discuss the reasons for participating in physical activity with friends.
• (2) Discuss ways to encourage others to be physically activity with friends.

Social and Emotional Learning Priority Outcomes:
SELF-MANAGEMENT: SAFETY
• (Elementary) Defines and applies strategies for impulse control as well as emotional and behavioral regulation with consideration for self and others.

SELF-AWARENESS: EMPOWERMENT
• (Elementary) Identifies personal thoughts and values that contribute to confidence and optimism.
WEEK 3 STUDENT LEARNING OBJECTIVES

PHYSICAL EDUCATION OBJECTIVES:
• I will talk with my classmates and family about how physical activity improves my health.
• I will enjoy physical activity outside of physical education class.

SOCIAL AND EMOTIONAL OBJECTIVES:
• I will control my body and behavior and stay 6 to 12 feet away from my classmates.
• I will encourage my friends and family to be physically active every day.

WELLNESS OBJECTIVES:
• I will be physically active every day for at least 60 minutes.
• I will complete all tasks on my Go Be Great physical education checklist.

CONTENT-SPECIFIC PRIORITY OUTCOMES

Physical Education Priority Outcomes:
FITNESS KNOWLEDGE: PHYSICAL ACTIVITY KNOWLEDGE
Students demonstrate the knowledge and skills required to achieve and maintain a health-enhancing level of personal fitness.
• (K) Identifies active play opportunities outside physical education class.
• (1) Discusses the benefits of being active and exercising/playing.
• (2) Describes physical activities for participation outside physical education class.

Social and Emotional Learning Priority Outcomes:
SOCIAL AWARENESS: EMPOWERMENT
• (Elementary) Identifies and discusses the value of specific family, school, and community resources and supports.

RELATIONSHIP SKILLS: EMPOWERMENT
• (Elementary) Applies constructive language to encourage self/others.