

Loopy Laps

Word Scramble

**Unscramble the words.
Use the clues at the bottom to help you.**

1. EOBARIC CYAPCITA _____
2. SRUULCMA NTHTSGRE _____
3. MLRCSUAU NARCDEEUN _____
4. XIBLFITIEYL _____
5. BYDO CPOONTIOMSI _____

Clues

1. The body's ability to take in, transport, and use oxygen during vigorous physical activity.
2. The maximum amount of force a muscle can produce in a single effort.
3. The ability of a muscle to continue to perform and do work without fatigue.
4. The ability to bend and move the joints through the full range of motion.
5. Measurement of the percentage of fat, muscle, water, and bone found in the human body.