*Wk 1 of 4*

**Give a thumb to give your answer.**

|  |  |
| --- | --- |
| * As a class, did our physical activity work to keep us healthy?
* Did you do other physical activity this week to help you stay healthy?
 |  |
|  |
|  |
|  |  |
| * As a class, did we behave in a way that was helpful?
* During the week, did you behave in a way that was helpful at home?
 |  |
|  |
|  |

*We can always get better! What can we do the next time we meet to improve?*

*Wk 2 of 4*

**Give a thumb to give your answer.**

|  |  |
| --- | --- |
| * As a class, did we follow directions and control our movement?
* Did you keep your balance when starting and stopping movement?
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|  |  |
| * As a class, did we show good motivation during activities?
* Did you demonstrate motivation?
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*We can always get better! What can we do the next time we meet to improve?*

*Wk 3 of 4*

**Give a thumb to give your answer.**

|  |  |
| --- | --- |
| * As a class, did we move in a way that would help our hearts grow stronger?
* Did your heart beat faster during today’s activity?
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|  |  |
| * As a class, did help each other feel safe and relaxed?
* Did you help your classmates feel safe and relaxed?
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*We can always get better! What can we do the next time we meet to improve?*

*Wk 4 of 4*

**Give a thumb to give your answer.**

|  |  |
| --- | --- |
| * As a class, did we help each other stay safe during class?
* Did you move in ways that were safe?
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|  |  |
| * As a class, did we move with purpose?
* Did you perform each physical activity with purpose?
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*We can always get better! What can we do the next time we meet to improve?*