As a class, did our physical activity work to keep us healthy?

Did you do other physical activity this week to help you stay healthy?

As a class, did we behave in a way that was helpful?

During the week, did you behave in a way that was helpful at home?

We can always get better! What can we do the next time we meet to improve?
**Loopy Laps**

**How great were we?**

Give a thumb to give your answer.

- As a class, did we follow directions and control our movement?  
  ![Thumbs Up](image)

- Did you keep your balance when starting and stopping movement?  
  ![Thumbs Down](image)

- As a class, did we show good motivation during activities?  
  ![Thumbs Up](image)

- Did you demonstrate motivation?  
  ![Thumbs Down](image)

*We can always get better! What can we do the next time we meet to improve?*
Loopy Laps
How great were we?
Give a thumb to give your answer.

• As a class, did we move in a way that would help our hearts grow stronger?

• Did your heart beat faster during today’s activity?

• As a class, did help each other feel safe and relaxed?

• Did you help your classmates feel safe and relaxed?

We can always get better! What can we do the next time we meet to improve?
Loopy Laps
How great were we?
Give a thumb to give your answer.

- As a class, did we help each other stay safe during class?
- Did you move in ways that were safe?
- As a class, did we move with purpose?
- Did you perform each physical activity with purpose?

We can always get better! What can we do the next time we meet to improve?