Give a thumb to give your answer.

- As a class, did our physical activity work to keep us healthy?
- Did you do other physical activity this week to help you stay healthy?







- As a class, did we behave in a way that was helpful?
- During the week, did you behave in a way that was helpful at home?









Give a thumb to give your answer.

• As a class, did we follow directions and control our movement?



 Did you keep your balance when starting and stopping movement?



 As a class, did we show good motivation during activities?



• Did you demonstrate motivation?







Give a thumb to give your answer.

- As a class, did we move in a way that would help our hearts grow stronger?
- Did your heart beat faster during today's activity?







- As a class, did help each other feel safe and relaxed?
- Did you help your classmates feel safe and relaxed?









Give a thumb to give your answer.

- As a class, did we help each other stay safe during class?
- Did you move in ways that were safe?







- As a class, did we move with purpose?
- Did you perform each physical activity with purpose?







