This program is easy. Create a walking trail or track. Post these 4 posters on 4 corners of the walking trail. Talk about each poster’s topic and/or question with a friend or family member. Or, think though the topic/question as you walk on your own. When you get to another corner and another sign, talk about a new topic/question. Walk the Talk!

CORNER NUMBER 1

**TOPIC:** TRUST

**QUESTION:**
What makes a person trustworthy?

WALK THE TALK!
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CORNER NUMBER 2

**TOPIC:** TRUST

**QUESTION:**

What is one thing you’ve done this school year that demonstrates that you are trustworthy?

Walk the Talk!

Social and Emotional Learning for Students, Teachers, Staff, and Families

WEEK NUMBER 6
This program is easy. Create a walking trail or track. Post these 4 posters on 4 corners of the walking trail. Talk about each poster’s topic and/or question with a friend or family member. Or, think though the topic/question as you walk on your own. When you get to another corner and another sign, talk about a new topic/question. Walk the Talk!

CORNER NUMBER 3

**TOPIC:** TRUST

**QUESTION:**

Can you trust yourself to do the things you need to do to succeed?

Talk about your actions and behaviors that prove your answer.

Social and Emotional Learning for Students, Teachers, Staff, and Families
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CORNER NUMBER 4

**TOPIC:** DECISION-MAKING

**QUESTION:**

How is decision-making related to trust?

WALK THE TALK!

4 CORNER WELLNESS CHATS

OPEN

WEEK NUMBER 6

Social and Emotional Learning for Students, Teachers, Staff, and Families