



ACTIVE CLASSROOM

ACTIVITY CARDS



FITNESS CATEGORIES

- The object of the game is to write 1 word per in each category that starts with the challenge letter given.
- You have 30 seconds to complete each category. For example, if the challenge letter is T – the exercise in the Muscular Fitness category could be Triceps Extension, a fruit could be a Tangerine, and so on.
- As a group, do 5 jumping jacks for every category left on each card without a valid answer.

GREAT: Excellent, powerful, strong, magnificent.

The class was filled with great students with excellent goals that will help their community become a caring and positive place to live.

