



ACTIVE CLASSROOM

ACTIVITY CARDS



SPORTS CHARADES

- Stand at least 6 to 12 feet from a partner or group.
- The object is to silently act out a sport so that your partner or the group can guess what it is.
- Take turns acting.

RESOURCE: The supplies, opportunities, and support that a person can use in order to do a job or live productively.

*Malik can go to a park near his house to walk with his family. It's a great **resource** that he can use to be physically active.*

