YES OR NO BODY LANGUAGE

• I’m going to ask you some yes or no questions.
• If your answer is “YES” then you’ll jog in place until I ask the next question.
• If your answer is “NO” then you’ll do jumping jacks until I ask the next question.

Let’s try!
- Does 5 + 5 = 10? YES! (Jog in Place)
- Does 2 + 2 = 7? NO! (Jumping Jacks)
- Is physical activity good for my health?
- Do zebras run on only 2 legs?

TRUST: A good feeling you get when you can rely on someone or something.

We trust that our classmates will behave in ways that help to keep everyone safe.