



ACTIVE CLASSROOM

ACTIVITY CARDS



YES OR NO BODY LANGUAGE

- I'm going to ask you some yes or no questions.
 - If your answer is "YES" then you'll jog in place until I ask the next question.
 - If your answer is "NO" then you'll do jumping jacks until I ask the next question.
- Let's try!
- Does $5 + 5 = 10$? YES! (Jog in Place)
 - Does $2 + 2 = 7$? NO! (Jumping Jacks)
 - Is physical activity good for my health?
 - Do zebras run on only 2 legs?

TRUST: A good feeling you get when you can rely on someone or something.

*We **trust** that our classmates will behave in ways that help to keep everyone safe.*

