

**This program is easy.** Create a walking trail or track. Post 4 Walk-the-Talk posters on 4 corners of the walking trail. As you walk around each corner, use the Social and Emotional Learning prompts to discuss important SEL topics with a friend or family member. When you get to another corner, use the new prompts to talk about a new topic. **Walk the Talk!**

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| A close up of a sign  Description automatically generated | CORNER 1**TOPIC:** TRUST**QUESTION:** What makes a person trustworthy? |

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| A close up of a sign  Description automatically generated | CORNER 2**TOPIC:** TRUST**QUESTION:** What is one thing you’ve done this school year that demonstrates that you are trustworthy? |

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| A close up of a sign  Description automatically generated | CORNER 3**TOPIC:** TRUST**QUESTION:** Can you trust yourself to do the things you need to do to succeed?Talk about your actions and behaviors that prove your answer. |

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| A close up of a sign  Description automatically generated | CORNER 4**TOPIC:** DECISION-MAKING**QUESTION:** How is decision-making related to trust? |