This program is easy. Create a walking trail or track. Post 4 Walk-the-Talk posters on 4 corners of the walking trail. As you walk around each corner, use the Social and Emotional Learning prompts to discuss important SEL topics with a friend or family member. When you get to another corner, use the new prompts to talk about a new topic. Walk the Talk!
CORNER 1

TOPIC: TRUST

QUESTION: What makes a person trustworthy?
CORNER 2

TOPIC: TRUST

QUESTION: What is one thing you’ve done this school year that demonstrates that you are trustworthy?
CORNER 3

TOPIC:  TRUST

QUESTION:  Can you trust yourself to do the things you need to do to succeed?

Talk about your actions and behaviors that prove your answer.
CORNER 4

TOPIC: DECISION-MAKING

QUESTION: How is decision-making related to trust?