

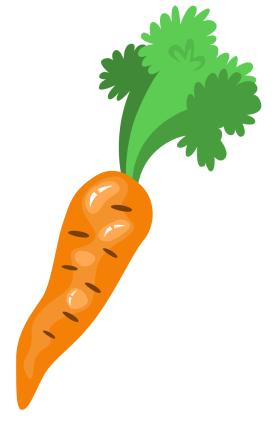
First Letter, Last Letter

Nutrition Flash Cards





<u>CARROT</u>



VEGETABLE





CORN



Planning with a Purpose FITTINESS

OPENPHYSED.ORG

VEGETABLE



<u>APPLE</u>



Planning with a Purpose

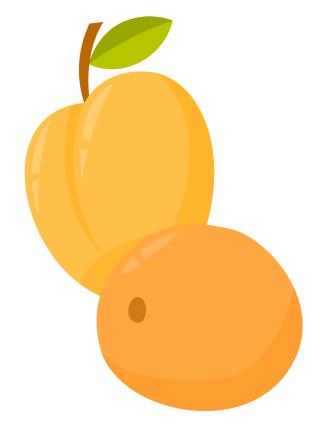
FITTINESS

OPENPHYSED.ORG

FRUIT



PEACH



Planning with a Purpose

Planning with a Purpose

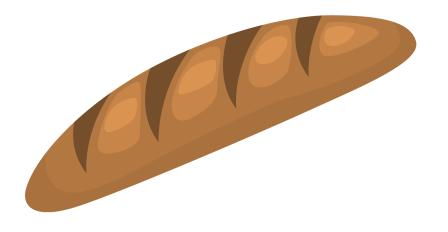
OPENPHYSED.ORG

OPENPHYSED.ORG

FRUIT



<u>B</u>REA<u>D</u>



GRAIN





PASTA

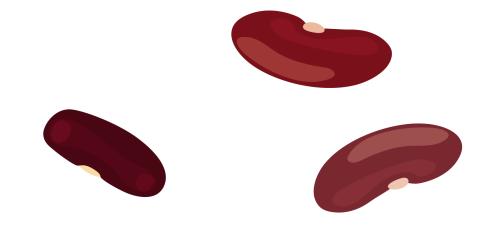


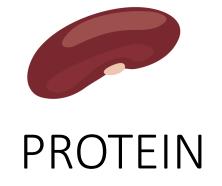
GRAIN





<u>B</u>EANS

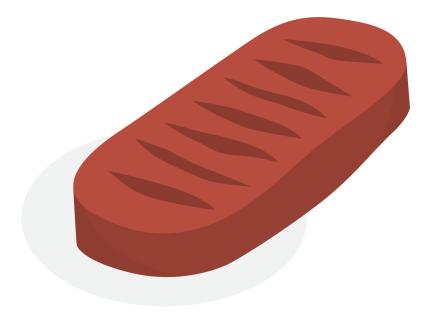








HAMBURGER



PROTEIN





YOGURT



DAIRY





MILK



DAIRY

