Lesson 1

Give a thumb to give your answer.

- As a class, did we actively participate in lesson discussions?
- Did you respect the ideas of your classmates?
- As a class, did we make behavior choices with consideration of others?
- Did you enjoy being physically active in class?

We can always get better! What can we do the next time we meet to improve?
Lesson 2

**Give a thumb to give your answer.**

- As a class, did we communicate effectively?
- Did you as an individual use positive language with others?
- As a class, did we help each other enjoy our physical activity choices?
- Did you enjoy being physically active in class?

*We can always get better! What can we do the next time we meet to improve?*
Lesson 3

Give a thumb to give your answer.

- As a class, did we identify physical activity opportunities in the community?
- Were there activity options that you would enjoy?

- As a class, did we actively participate in lesson discussions?
- Did you respect the ideas of your classmates?

We can always get better! What can we do the next time we meet to improve?