

PUMPKIN PATCH

Games with Safe Physical Distance

TRICK OR TREAT STATION 1

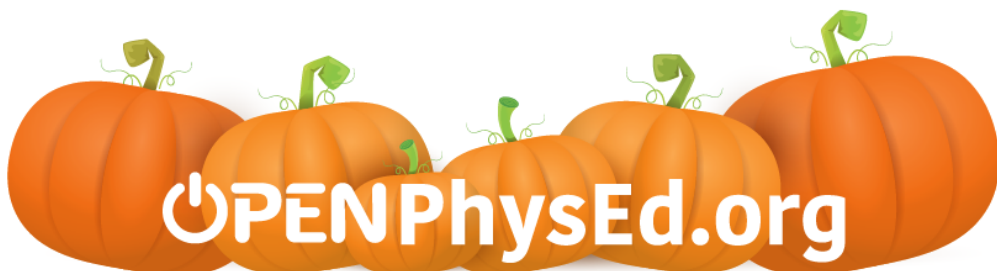
Go to a station. Stay in your personal space to complete the JACK-o-lantern activity. [[Activity demo on YouTube](#)]

When the music starts, start the activity. When it stops, move to a new station.



10 Plank Jacks

Darebee Video Link: <https://darebee.com/exercises/plank-jacks.html>



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TRICK OR TREAT STATION 2

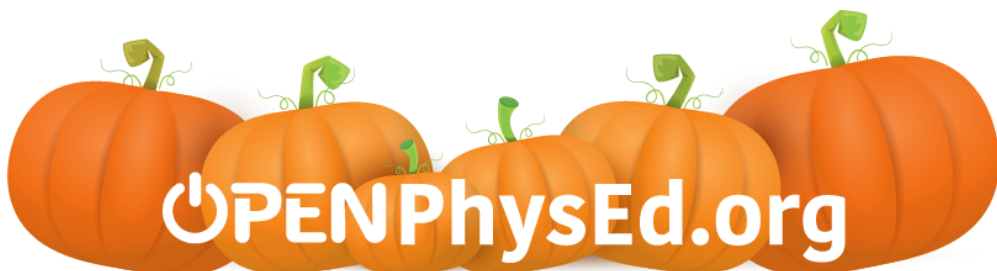
Go to a station. Stay in your personal space to complete the JACK-o-lantern activity. [[Activity demo on YouTube](#)]

When the music starts, start the activity. When it stops, move to a new station.



15 March Jacks

Darebee Video Link: <https://darebee.com/exercises/march-jacks.html>



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TRICK OR TREAT STATION 3

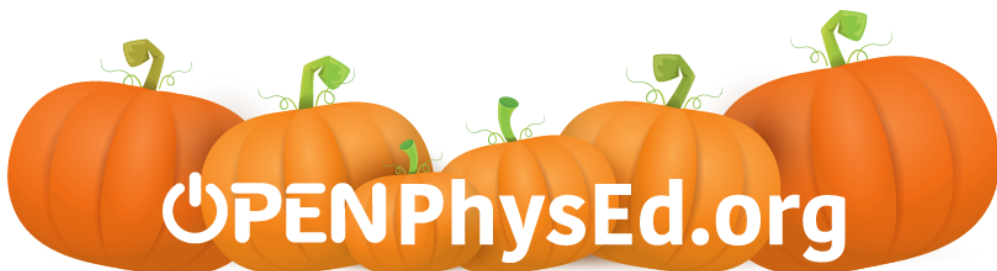
Go to a station. Stay in your personal space to complete the JACK-o-lantern activity. [[Activity demo on YouTube](#)]

When the music starts, start the activity. When it stops, move to a new station.



20 Side Jacks

Darebee Video Link: <https://darebee.com/exercises/side-jacks.html>



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TRICK OR TREAT STATION 4

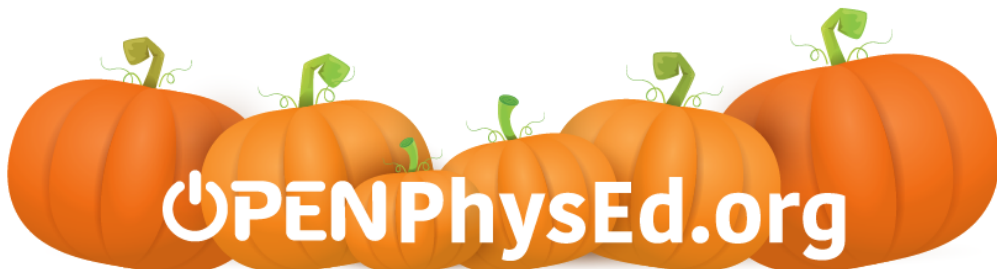
Go to a station. Stay in your personal space to complete the JACK-o-lantern activity. [[Activity demo on YouTube](#)]

When the music starts, start the activity. When it stops, move to a new station.



20 Split Jacks

Darebee Video Link: <https://darebee.com/exercises/split-jacks.html>



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TRICK OR TREAT STATION 5

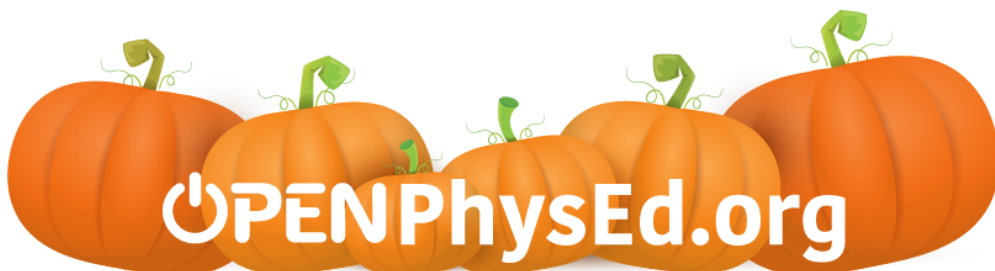
Go to a station. Stay in your personal space to complete the JACK-o-lantern activity. [[Activity demo on YouTube](#)]

When the music starts, start the activity. When it stops, move to a new station.



20 Half Jacks

Darebee Video Link: <https://darebee.com/exercises/half-jacks.html>



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TRICK OR TREAT STATION 6

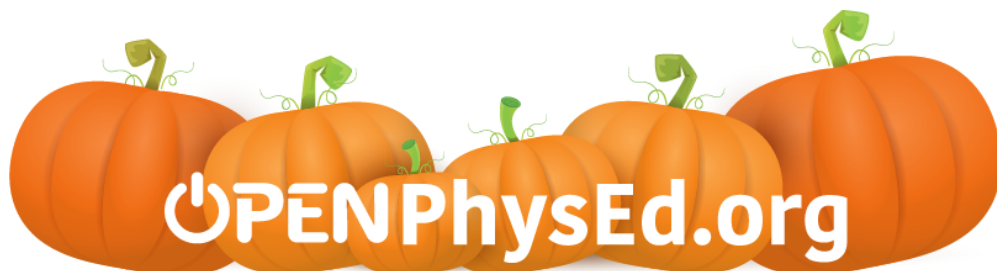
Go to a station. Stay in your personal space to complete the JACK-o-lantern activity. [[Activity demo on YouTube](#)]

When the music starts, start the activity. When it stops, move to a new station.



25 Step Jacks

Darebee Video Link: <https://darebee.com/exercises/step-jacks.html>



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