**PASS THE JOY**

**Objective:** To take turns following the rhythm and dancing to the beat of a song as a way to celebrate everyone’s uniqueness, as well as the different ways everyone likes to dance.

**Set-up:** The person in charge of the music is called *DJ Thanks*. Everyone else is seated (at their own spots, their desks, or around a Thanksgiving table).

**Description:** *DJ Thanks* turns the music on, selects an appropriate song to play from a music platform, and ‘passes’ the opportunity to dance to someone else by pointing at them (or pretending to pass the *Invisible Dancing Turkey*, which gives the power to dance.

As the music plays the *Invisible Dancing Turkey* is passed from person to person.  When passed to you, dance for 8-16 beats of music and then pass to someone else.

When the song is over, the last person dancing becomes *DJ Thanks* and gets to select a song. At the end of the activity ask students to describe a dance move that someone else demonstrated that they enjoyed. Compliment and celebrate with a cheer/celebration or ‘Air High Five’. Repeat and Enjoy!

[[YouTube Demonstration](https://youtu.be/p6v3XCkuZfY)]