

TURKEY TROT

Games with Safe Physical Distance

PASS THE JOY

Objective: To take turns following the rhythm and dancing to the beat of a song as a way to celebrate everyone's uniqueness, as well as the different ways everyone likes to dance.

Set-up: The person in charge of the music is called *DJ Thanks*. Everyone else is seated (at their own spots, their desks, or around a Thanksgiving table).

Description: *DJ Thanks* turns the music on, selects an appropriate song to play from a music platform, and 'passes' the opportunity to dance to someone else by pointing at them (or pretending to pass the *Invisible Dancing Turkey*, which gives the power to dance).

As the music plays the *Invisible Dancing Turkey* is passed from person to person. When passed to you, dance for 8-16 beats of music and then pass to someone else.

When the song is over, the last person dancing becomes *DJ Thanks* and gets to select a song. At the end of the activity ask students to describe a dance move that someone else demonstrated that they enjoyed. Compliment and celebrate with a cheer/celebration or 'Air High Five'. Repeat and Enjoy!

[\[YouTube Demonstration\]](#)

