**Spinner Wonderland**

Grades: K-12 [[YouTube](https://youtu.be/Yr-rE_cV_JE)]

|  |  |
| --- | --- |
|

|  |
| --- |
| **EQUIPMENT*** Spinner Wonderland Template
* 6-Sided Die
 |

**SET-UP*** Provide students with a copy of the Spinner Wonderland Template or a link to an [online](https://pickerwheel.com/) spinner.
 |

|  |
| --- |
| **OBJECTIVE*** To perform the various exercises or movements listed on your spinner.
 |

|  |
| --- |
| **DESCRIPTION*** Today is a Wonderland and we are going to use a “spinner” to determine what exercise to perform.
* Using the Spinner Wonderland Template provided and list 6 creative exercises (1 per slice of the spinner). For example, you might choose “Snowman Jacks.” Then, describe how to perform the exercise.
* I will roll a die and then we will perform the exercise listed on your spinner that corresponds to the number rolled.

**TEACHER NOTES*** If you are using an online spinner, students can work at their own pace (no die is required).
 |

|  |
| --- |
|  **PE2020 STRATEGIES*** Physically Distant: Get creative and modify exercises for any space or setting (virtual, classroom, large space).
* At Home: Provide students with a [link](https://pickerwheel.com/) to create their own spinner. Encourage students to repeat this activity with their families!
 |

|  |
| --- |
| **STANDARDS*** MOVEMENT SKILLS & CONCEPTS: Students demonstrate skill competency and can apply concepts and strategies to movement and performance.
 |

|  |  |  |  |
| --- | --- | --- | --- |
| *Activity Contributor:* | Katy Boggs | Gahanna MS West | Gahanna Jefferson City Schools (OH) |