

Spinner Wonderland

Grades: K-12 [[YouTube](#)]

EQUIPMENT

- Spinner Wonderland Template
- 6-Sided Die

SET-UP

- Provide students with a copy of the Spinner Wonderland Template or a link to an [online](#) spinner.

OBJECTIVE

- To perform the various exercises or movements listed on your spinner.

DESCRIPTION

- Today is a Wonderland and we are going to use a “spinner” to determine what exercise to perform.
- Using the Spinner Wonderland Template provided and list 6 creative exercises (1 per slice of the spinner). For example, you might choose “Snowman Jacks.” Then, describe how to perform the exercise.
- I will roll a die and then we will perform the exercise listed on your spinner that corresponds to the number rolled.

TEACHER NOTES

- If you are using an online spinner, students can work at their own pace (no die is required).

PE2020 STRATEGIES

- Physically Distant: Get creative and modify exercises for any space or setting (virtual, classroom, large space).
- At Home: Provide students with a [link](#) to create their own spinner. Encourage students to repeat this activity with their families!

STANDARDS

- MOVEMENT SKILLS & CONCEPTS: Students demonstrate skill competency and can apply concepts and strategies to movement and performance.

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