**RPS Holiday Race**

Grades: K-12 [[YouTube](https://youtu.be/gUPBzOZhfBE)]

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| **Equipment**   * 3 to 9 cones * Music (optional) |

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| **Set-up**   * Use cones to create 3 levels (~ 20 paces apart) * All students begin at the first cone and stand facing a partner with safe physical distancing. |

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| **Objective**   * To be the first to make it to the holiday by winning three rounds in the RPS Holiday Race. |

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| **Description**   * Today we will pretend that the holiday is just 3 days away (in the first cone). * RPS Holiday Race is similar to Rock, Paper, Scissors. You can be a Bell (shake your hands and sway body), a Candle (stand on tiptoes with hands together above head), or a Snowman (squat down with hands in fist resting on stomach). * Bells beat Candles (Bells can put out a Candle), Candles beat Snowmen (Candles melt Snowmen), and Snowmen beat Bells (Snowmen can ring a Bell). * On the start signal, you and your partner will jump 3 times and then make a symbol. * The winner will move up a level to the next cone. The holiday for you is now just 2 days away! Find a different partner and play again at the next cone. * If you do not win, stay at your current cone, find a new partner and try again. * The winner at the second cone will move up a level to the final cone (the holiday is 1 day away). * If you win at the final stage, you have successfully made it to the holidays. Give someone the gift of a compliment, return to the beginning and play again.   **NOTES FOR TEACHER**   * This activity does not mention a specific holiday. You can keep it generic or name a specific holiday if you wish. |

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| **PE2020 Strategies**   * Physically Distant: Students can stand 6 feet away from their partner. If space does not permit students to move between levels, then students can play a best of 5 series with 1 partner. * At Home: Students can play virtually against an opponent or teach a parent/guardian. |

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| **Standards**   * DEMONSTRATES RESPONSIBLE BEHAVIORS: Students demonstrate responsible personal and social behavior. |

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| *Activity Contributor:* | Gregory Veras | St. Brigid-St. Frances Cabrini Catholic Ac. | Diocese of Brooklyn (NY) |