

Partner Skating

Grades: K-5 [\[YouTube\]](#)

EQUIPMENT

- Music
- Figure Skating Moves Handout ([Link](#))
- Hula Hoops and Scarves (optional)

SET-UP

- Group students in pairs.

OBJECTIVE

- Work in pairs to create a synchronized skating routine.

DESCRIPTION

- Today there is a new Olympic Sport called Partner Skating. You and a partner will create a routine together using any of the basic skating jumps or moves of your own creation.

NOTES FOR TEACHER

- Require that students include a certain number jumps or specific movements into their routine.
- Have students demonstrate their routine to a small group or the class.
- Consider offering scarves and hula hoops for students to use in their routine.

PE2020 STRATEGIES

- Physically Distant: Students can create an individual skating routine.
- At Home: Students can create a routine on their own and submit a video of their performance.

STANDARDS

- **VALUES PHYSICAL ACTIVITY:** Students recognize the value of physical activity for physical, emotional, and mental health.
- **MOVEMENT SKILLS & CONCEPTS:** Students demonstrate skill competency and can apply concepts and strategies to movement and performance.

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