**Snowman Tag**

Grades: K-5 [[YouTube](https://youtu.be/wTTDTHU0i3o)]

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| **Equipment**   * 2 - 4 pool noodles (or objects to identify taggers) * 2 - 4 hula hoops |

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| **Set-up**   * Select 2 - 4 students to be taggers and provide them with a noodle. * Select 2 - 4 students to be the sun (“free-ers”). * Remaining students will be spread out in general space. |

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| **Objective**   * To work on chasing and fleeing, spatial awareness, and locomotor skills by avoiding the tagger. |

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| **Description**   * Today’s activity is called Snowman Tag. The objective is to avoid getting tagged. * On the start signal, the taggers will attempt to tag you using the noodle. If you get tagged, you must freeze in your best snowman pose. * Those carrying a hula hoop represent the sun and cannot be tagged. To free a frozen snowman, place the hula hoop over the head of the snowman and leaves the hoop with that student. * Once unfrozen, that snowman becomes the new sun and looks for someone else that is frozen. * For an at-home alternative to Snowman Tag, check out the video for [Snowball Adventure Tag](https://youtu.be/BF1qsllmuhI)!   **Notes for Teachers**   * Identify taggers as Jack Frost, Elsa (from Frozen), Frosty, or another winter-themed character. |

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| **PE2020 Strategies**   * Physically Distant: Play this activity 1-vs-1. Each student has a full-length noodle and attempts to tag one of the feet of their opponent. * At Home: Provide students with this [video link](https://youtu.be/BF1qsllmuhI). Encourage them to practice their dodging skills to avoid being hit by the flying snowballs. |

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| **Standards**   * VALUES PHYSICAL ACTIVITY: Students recognize the value of physical activity for physical, emotional, and mental health. * DEMONSTRATES RESPONSIBLE BEHAVIORS: Students demonstrate responsible personal and social behavior. |

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