**Snowman Tag**

Grades: K-5 [[YouTube](https://youtu.be/wTTDTHU0i3o)]

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| **Equipment*** 2 - 4 pool noodles (or objects to identify taggers)
* 2 - 4 hula hoops
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| **Set-up*** Select 2 - 4 students to be taggers and provide them with a noodle.
* Select 2 - 4 students to be the sun (“free-ers”).
* Remaining students will be spread out in general space.
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| **Objective*** To work on chasing and fleeing, spatial awareness, and locomotor skills by avoiding the tagger.
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| **Description*** Today’s activity is called Snowman Tag. The objective is to avoid getting tagged.
* On the start signal, the taggers will attempt to tag you using the noodle. If you get tagged, you must freeze in your best snowman pose.
* Those carrying a hula hoop represent the sun and cannot be tagged. To free a frozen snowman, place the hula hoop over the head of the snowman and leaves the hoop with that student.
* Once unfrozen, that snowman becomes the new sun and looks for someone else that is frozen.
* For an at-home alternative to Snowman Tag, check out the video for [Snowball Adventure Tag](https://youtu.be/BF1qsllmuhI)!

**Notes for Teachers*** Identify taggers as Jack Frost, Elsa (from Frozen), Frosty, or another winter-themed character.
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| **PE2020 Strategies*** Physically Distant: Play this activity 1-vs-1. Each student has a full-length noodle and attempts to tag one of the feet of their opponent.
* At Home: Provide students with this [video link](https://youtu.be/BF1qsllmuhI). Encourage them to practice their dodging skills to avoid being hit by the flying snowballs.
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| **Standards*** VALUES PHYSICAL ACTIVITY: Students recognize the value of physical activity for physical, emotional, and mental health.
* DEMONSTRATES RESPONSIBLE BEHAVIORS: Students demonstrate responsible personal and social behavior.
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