Each piece of the snowman is numbered.

Perform the exercise after collecting the snowman piece with that number.

|  |  |
| --- | --- |
| **Number** | **Exercise** |
| 1 | 1 Burpee |
| 2 | 2 Mountain Climbers |
| 3 | 3 Desk Push-ups |
| 4 | 4 Sit-ups |
| 5 | 5 Squats |
| 6 | 6 Shoulder Taps |
| 7 | 7 Crab Kicks |
| 8 | 8 Lunges |
| 9 | 9-Count Plank |
| 10 | 10 Jumping Jacks |

**Debrief Question:**

Have you ever built a real snowman?

If *YES*, tell us the steps you had to follow to build the snowman?