

## Snowball Target Mission #2

Score 1 point for each of the steps that you successfully complete (up to 3 points/assignment).

Score an additional 2 points if you successfully hit the target.

The maximum points per assignment is 5.

<u>Assignment</u>	<u>Mission Details</u>	<u>Points</u>
1	<b>Right Foot Strike</b> 1. Face target with the ball on the spot. 2. Step with your left foot (opposite) next to the ball. 3. Pass the ball with the inside of your <b><u>right foot</u></b> .	
2	<b>Left Foot Strike</b> 1. Face target with the ball on the spot. 2. Step with your right foot (opposite) next to the ball. 3. Pass the ball with the inside of your <b><u>left foot</u></b> .	
3	<b>Rapid Fire</b> 1. Face target with the ball on the spot. 2. Take turns tapping each foot on the ball (10x). 3. Use the inside of <b><u>either foot</u></b> to pass the ball.	
4	<b>Dribble Attack</b> 1. Stand 10 paces away from the spot. 2. Dribble the ball towards the spot. 3. Use the inside of <b><u>either foot</u></b> to pass the ball.	
5	<b>Settle It Down</b> 1. Stand on your spot and toss the ball into the air. 2. Trap and settle the ball using your feet. 3. Use the inside of <b><u>either foot</u></b> to pass the ball.	
6	<b>Hold on Tight</b> 1. Stand and squeeze the ball between your legs. 2. Perform 4 jumps without letting go of the ball. 3. Use the inside of <b><u>either foot</u></b> to pass the ball.	

### Exit Question

Why is it important to be able to use both of your feet when making passes?