

# JUGGLE NUTRITION

## How did it go?

Wk 1 of 4

**Give a thumb to give your answer.**

- As a class, did work safely?
- Did you do other physical activity this week to help you stay healthy?



- As a class, did we behave in a way that was helpful?
- During the week, did you behave in a way that was helpful at home?



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## How did it go?

Wk 2 of 4

Give a thumb to give your answer.

- As a class, did we follow directions?
- Did you work with a focus on improving your skills?



- As a class, did we show good motivation during activities?
- Did you demonstrate motivation?



# JUGGLE NUTRITION

## How did it go?

Wk 3 of 4

**Give a thumb to give your answer.**

- As a class, did we behave in a way that helps our classmates learn?
- Did you work on learning about MyPlate and the 5 food groups?



- As a class, did help each other feel safe and relaxed?
- Did you help your classmates feel safe and relaxed?



# JUGGLE NUTRITION

## How did it go?

Wk 4 of 4

**Give a thumb to give your answer.**

- As a class, did we use encouraging words with our classmates?
- Did you use encouraging words in your self-talk?



- As a class, did we help each other learn?
- Did you focus on improving your juggling skills?

