**WEEK 1 of 4 STUDENT LEARNING OBJECTIVES (K-2)**

**PHYSICAL EDUCATION OBJECTIVES:**

* I use controlled taps to safely dribble my soccer ball with balance.
* I will talk about what practice is and why it’s important for building skills.

**SOCIAL AND EMOTIONAL OBJECTIVES:**

* I will control my behavior and my movements with considerations for the safety of myself and my friends.

**WELLNESS OBJECTIVES:**

* I will be physically active every day for at least 60 minutes.

**CONTENT-SPECIFIC PRIORITY OUTCOMES**

**Physical Education Priority Outcomes:**

DEMONSTRATES FITNESS KNOWLEDGE: NUTRITION

Students demonstrate the knowledge and skills required to achieve and maintain a health-enhancing level of personal fitness.

* **(K)** Safely manipulates objects using underhand throws, two-hand catches, hand and foot dribbles and underhand volleys/strikes.
* **(1)** Manipulates and controls objects using underhand throws, two-hand catches, hand and foot dribbles and underhand volleys/strikes.
* **(2)** Demonstrates control while combining locomotor and manipulative skills in self- space and general space.

**Social and Emotional Learning Priority Outcomes:**

SELF-MANAGEMENT: SAFETY

* **(Elementary)** Defines and applies strategies for impulse control as well as emotional and behavioral regulation with consideration for self and others.

**WEEK 2 of 4 STUDENT LEARNING OBJECTIVES (K-2)**

**PHYSICAL EDUCATION OBJECTIVES:**

* I will pass to a target by stepping to the target, using a controlled kick with the inside of my foot, and following through to the target.
* I will focus on safety and good form while I practice passing skills.

**SOCIAL AND EMOTIONAL OBJECTIVES:**

* I will control my behavior and my movements with a focus on safely improving my skills.

**WELLNESS OBJECTIVES:**

* I will be physically active every day for at least 60 minutes.

**CONTENT-SPECIFIC PRIORITY OUTCOMES**

**Physical Education Priority Outcomes:**

DEMONSTRATES FITNESS KNOWLEDGE: NUTRITION

Students demonstrate the knowledge and skills required to achieve and maintain a health-enhancing level of personal fitness.

* **(K)** Safely manipulates objects using underhand throws, two-hand catches, hand and foot dribbles and underhand volleys/strikes.
* **(1)** Manipulates and controls objects using underhand throws, two-hand catches, hand and foot dribbles and underhand volleys/strikes.
* **(2)** Demonstrates control while combining locomotor and manipulative skills in self- space and general space.

**Social and Emotional Learning Priority Outcomes:**

SELF-MANAGEMENT: SAFETY

* **(Elementary)** Defines and applies strategies for impulse control as well as emotional and behavioral regulation with consideration for self and others.

**WEEK 3 of 4 STUDENT LEARNING OBJECTIVES (K-2)**

**PHYSICAL EDUCATION OBJECTIVES:**

* I will pass to a target by stepping to the target, using a controlled kick with the inside of my foot, and following through to the target.
* I will practice all soccer activities with a focus on control and balance.

**SOCIAL AND EMOTIONAL OBJECTIVES:**

* I will give active effort in improving my soccer skills.
* I will use positive self-talk words during challenging activities.

**WELLNESS OBJECTIVES:**

* I will be physically active every day for at least 60 minutes.
* I will play the Soccer Fortune Teller with a friend or family member.

**CONTENT-SPECIFIC PRIORITY OUTCOMES**

**Physical Education Priority Outcomes:**

DEMONSTRATES FITNESS KNOWLEDGE: NUTRITION

Students demonstrate the knowledge and skills required to achieve and maintain a health-enhancing level of personal fitness.

* **(K)** Safely manipulates objects using underhand throws, two-hand catches, hand and foot dribbles and underhand volleys/strikes.
* **(1)** Manipulates and controls objects using underhand throws, two-hand catches, hand and foot dribbles and underhand volleys/strikes.
* **(2)** Demonstrates control while combining locomotor and manipulative skills in self- space and general space.

**Social and Emotional Learning Priority Outcomes:**

SELF-MANAGEMENT: EMPOWERMENT

* **(Elementary)** Defines personal motivation and discusses how motivation can impact personal and academic goals.

**WEEK 4 of 4 STUDENT LEARNING OBJECTIVES (K-2)**

**PHYSICAL EDUCATION OBJECTIVES:**

* I will move through the Soccer Ninja Obstacle Course with a focus on control and balance.

**SOCIAL AND EMOTIONAL OBJECTIVES:**

* I will give active effort in improving my soccer skills.
* I will enjoy being active.

**WELLNESS OBJECTIVES:**

* I will be physically active every day for at least 60 minutes.
* I will use the chance to play the Soccer Fortune Teller with a friend or family member to relax and enjoy being physically active.

**CONTENT-SPECIFIC PRIORITY OUTCOMES**

**Physical Education Priority Outcomes:**

DEMONSTRATES FITNESS KNOWLEDGE: NUTRITION

Students demonstrate the knowledge and skills required to achieve and maintain a health-enhancing level of personal fitness.

* **(K)** Safely manipulates objects using underhand throws, two-hand catches, hand and foot dribbles and underhand volleys/strikes.
* **(1)** Manipulates and controls objects using underhand throws, two-hand catches, hand and foot dribbles and underhand volleys/strikes.
* **(2)** Demonstrates control while combining locomotor and manipulative skills in self- space and general space.

**Social and Emotional Learning Priority Outcomes:**

SELF-MANAGEMENT: HEALING

* **(Elementary)** Identifies and practices stress management strategies related to personal and community healing.