

# SOCCER NATION

## Weekly Learning Targets

### WEEK 1 of 4 STUDENT LEARNING OBJECTIVES (3-5)

#### PHYSICAL EDUCATION OBJECTIVES:

- I use controlled taps to safely dribble my soccer ball with balance.
- I will talk about what practice is and why it's important for building skills.

#### SOCIAL AND EMOTIONAL OBJECTIVES:

- I will control my behavior and my movements with considerations for the safety of myself and my friends.

#### WELLNESS OBJECTIVES:

- I will be physically active every day for at least 60 minutes.
- I will discuss the things about soccer that I enjoy.

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### CONTENT-SPECIFIC PRIORITY OUTCOMES

#### Physical Education Priority Outcomes:

##### MOVEMENT SKILLS & CONCEPTS: Manipulative Skills

Students demonstrate skill competency and can apply concepts and strategies to movement and performance.

- **(3)** Demonstrates manipulative skills using mature patterns for accuracy and control.
- **(4)** Combines locomotor and manipulative skills using mature patterns for accuracy and control in static and dynamic environments.

##### VALUES PHYSICAL ACTIVITY: Personal Enjoyment

- **(5)** Analyzes different activity choices for enjoyment and identifies reasons for positive or negative responses.

#### Social and Emotional Learning Priority Outcomes:

##### SELF-MANAGEMENT: SAFETY

- **(Elementary)** Defines and applies strategies for impulse control as well as emotional and behavioral regulation with consideration for self and others.

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## Weekly Learning Targets

### WEEK 2 of 4 STUDENT LEARNING OBJECTIVES (3-5)

#### PHYSICAL EDUCATION OBJECTIVES:

- I will pass to a target by stepping to the target, using a controlled kick with the inside of my foot, and following through to the target.
- I will focus on safety and good form while I practice passing skills.

#### SOCIAL AND EMOTIONAL OBJECTIVES:

- I will control my behavior and my movements with a focus on safely improving my skills.

#### WELLNESS OBJECTIVES:

- I will be physically active every day for at least 60 minutes.

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### CONTENT-SPECIFIC PRIORITY OUTCOMES

#### Physical Education Priority Outcomes:

##### MOVEMENT SKILLS & CONCEPTS: Manipulative Skills

Students demonstrate skill competency and can apply concepts and strategies to movement and performance.

- **(3)** Demonstrates manipulative skills using mature patterns for accuracy and control.
- **(4)** Combines locomotor and manipulative skills using mature patterns for accuracy and control in static and dynamic environments.

##### VALUES PHYSICAL ACTIVITY: Personal Enjoyment

- **(5)** Analyzes different activity choices for enjoyment and identifies reasons for positive or negative responses.

#### Social and Emotional Learning Priority Outcomes:

##### SELF-MANAGEMENT: SAFETY

- **(Elementary)** Defines and applies strategies for impulse control as well as emotional and behavioral regulation with consideration for self and others.

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## Weekly Learning Targets

### WEEK 3 of 4 STUDENT LEARNING OBJECTIVES (3-5)

#### PHYSICAL EDUCATION OBJECTIVES:

- I will pass to a target by stepping to the target, using a controlled kick with the inside of my foot, and following through to the target.
- I will practice all soccer activities with a focus on control and balance.

#### SOCIAL AND EMOTIONAL OBJECTIVES:

- I will give active effort in improving my soccer skills.
- I will use positive self-talk words during challenging activities.

#### WELLNESS OBJECTIVES:

- I will be physically active every day for at least 60 minutes.
- I will play the Soccer Fortune Teller with a friend or family member.

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### CONTENT-SPECIFIC PRIORITY OUTCOMES

#### Physical Education Priority Outcomes:

##### MOVEMENT SKILLS & CONCEPTS: Manipulative Skills

Students demonstrate skill competency and can apply concepts and strategies to movement and performance.

- **(3)** Demonstrates manipulative skills using mature patterns for accuracy and control.
- **(4)** Combines locomotor and manipulative skills using mature patterns for accuracy and control in static and dynamic environments.

##### VALUES PHYSICAL ACTIVITY: Personal Enjoyment

- **(5)** Analyzes different activity choices for enjoyment and identifies reasons for positive or negative responses.

#### Social and Emotional Learning Priority Outcomes:

##### SELF-MANAGEMENT: EMPOWERMENT

- **(Elementary)** Defines personal motivation and discusses how motivation can impact personal and academic goals.

# SOCCER NATION

## Weekly Learning Targets

### WEEK 4 of 4 STUDENT LEARNING OBJECTIVES (3-5)

#### PHYSICAL EDUCATION OBJECTIVES:

- I will play Soccer Bocce with a friend or family member and discuss reasons why I enjoy different physical activities.

#### SOCIAL AND EMOTIONAL OBJECTIVES:

- I will give active effort in improving my soccer skills.
- I will enjoy being active.

#### WELLNESS OBJECTIVES:

- I will be physically active every day for at least 60 minutes.
- I will use the chance to play the Soccer Fortune Teller with a friend or family member to relax and enjoy being physically active.

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### CONTENT-SPECIFIC PRIORITY OUTCOMES

#### Physical Education Priority Outcomes:

MOVEMENT SKILLS & CONCEPTS: Manipulative Skills

Students demonstrate skill competency and can apply concepts and strategies to movement and performance.

- **(3)** Demonstrates manipulative skills using mature patterns for accuracy and control.
- **(4)** Combines locomotor and manipulative skills using mature patterns for accuracy and control in static and dynamic environments.

VALUES PHYSICAL ACTIVITY: Personal Enjoyment

- **(5)** Analyzes different activity choices for enjoyment and identifies reasons for positive or negative responses.

#### Social and Emotional Learning Priority Outcomes:

SELF-MANAGEMENT: HEALING

- **(Elementary)** Identifies and practices stress management strategies related to personal and community healing.