**Physical Activity & Personal Health**

**Question Set 1**

1. What does control mean?
2. What do you know about controlling a soccer ball?
3. How is your body control related to soccer dribbling?

**Question Set 2**

1. What is a target?
2. What do you know about passing to a target in soccer?

**Question Set 3**

1. What is a challenge?
2. What have you learned that was a challenge for you?

**Question Set 4**

1. What is balance?
2. How do your focus and attention affect your balance as you dribble through the Soccer Ninja Course?

**Social & Emotional Health**

**Question Set 1**

1. What is self-control?
2. How does your self-control affect your classmates?

**Question Set 2**

1. What are some ways that we can control our personal behavior?
2. What do you notice about our class time when everyone works to control their personal behaviors?

**Question Set 3**

1. How do you face a challenging task?
2. How do the words that you say to yourself affect the way that you face a challenge?

**Question Set 4**

1. What does it mean when you enjoy something?
2. What physical activities do you enjoy?
3. How can you help others enjoy physical activity?