

# SOCCER NATION

## Class Discussion Questions

### Physical Activity & Personal Health

#### Question Set 1

- 1) What does control mean?
- 2) What do you know about controlling a soccer ball?
- 3) How is your body control related to soccer dribbling?

#### Question Set 2

- 1) What is a target?
- 2) What do you know about passing to a target in soccer?

#### Question Set 3

- 1) What is a challenge?
- 2) What have you learned that was a challenge for you?

#### Question Set 4

- 1) What is balance?
- 2) How do your focus and attention affect your balance as you dribble through the Soccer Ninja Course?

### Social & Emotional Health

#### Question Set 1

- 1) What is self-control?
- 2) How does your self-control affect your classmates?

#### Question Set 2

- 1) What are some ways that we can control our personal behavior?
- 2) What do you notice about our class time when everyone works to control their personal behaviors?

#### Question Set 3

- 1) How do you face a challenging task?
- 2) How do the words that you say to yourself affect the way that you face a challenge?

#### Question Set 4

- 1) What does it mean when you enjoy something?
- 2) What physical activities do you enjoy?
- 3) How can you help others enjoy physical activity?