

SOCCER NATION

Soccer Skill Cues

DRIBBLING

- Eyes Up with Quick Looks at the Ball
- Push the ball forward with Controlled and Purposeful Taps
- Move to the ball
- Tap again with Controlled and Purposeful Taps

PASSING

- Step to the Target (non-kicking foot)
- Use a Firm and Controlled Kick
- Strike the Center of the Ball with the inside of your foot (like a putter)
- Follow Through to the Target