

SOCCER NATION

Weekly Learning Targets

WEEK 1 of 4 STUDENT LEARNING OBJECTIVES (K-2)

PHYSICAL EDUCATION OBJECTIVES:

- I use controlled taps to safely dribble my soccer ball with balance.
- I will talk about what practice is and why it's important for building skills.

SOCIAL AND EMOTIONAL OBJECTIVES:

- I will control my behavior and my movements with considerations for the safety of myself and my friends.

WELLNESS OBJECTIVES:

- I will be physically active every day for at least 60 minutes.

CONTENT-SPECIFIC PRIORITY OUTCOMES

Physical Education Priority Outcomes:

MOVEMENT SKILLS & CONCEPTS: Manipulative Skills

Students demonstrate skill competency and can apply concepts and strategies to movement and performance.

- **(K)** Safely manipulates objects using underhand throws, two-hand catches, hand and foot dribbles and underhand volleys/strikes.
- **(1)** Manipulates and controls objects using underhand throws, two-hand catches, hand and foot dribbles and underhand volleys/strikes.
- **(2)** Demonstrates control while combining locomotor and manipulative skills in self- space and general space.

Social and Emotional Learning Priority Outcomes:

SELF-MANAGEMENT: SAFETY

- **(Elementary)** Defines and applies strategies for impulse control as well as emotional and behavioral regulation with consideration for self and others.

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Weekly Learning Targets

WEEK 2 of 4 STUDENT LEARNING OBJECTIVES (K-2)

PHYSICAL EDUCATION OBJECTIVES:

- I will pass to a target by stepping to the target, using a controlled kick with the inside of my foot, and following through to the target.
- I will focus on safety and good form while I practice passing skills.

SOCIAL AND EMOTIONAL OBJECTIVES:

- I will control my behavior and my movements with a focus on safely improving my skills.

WELLNESS OBJECTIVES:

- I will be physically active every day for at least 60 minutes.

CONTENT-SPECIFIC PRIORITY OUTCOMES

Physical Education Priority Outcomes:

MOVEMENT SKILLS & CONCEPTS: Manipulative Skills

Students demonstrate skill competency and can apply concepts and strategies to movement and performance.

- **(K)** Safely manipulates objects using underhand throws, two-hand catches, hand and foot dribbles and underhand volleys/strikes.
- **(1)** Manipulates and controls objects using underhand throws, two-hand catches, hand and foot dribbles and underhand volleys/strikes.
- **(2)** Demonstrates control while combining locomotor and manipulative skills in self- space and general space.

Social and Emotional Learning Priority Outcomes:

SELF-MANAGEMENT: SAFETY

- **(Elementary)** Defines and applies strategies for impulse control as well as emotional and behavioral regulation with consideration for self and others.

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Weekly Learning Targets

WEEK 3 of 4 STUDENT LEARNING OBJECTIVES (K-2)

PHYSICAL EDUCATION OBJECTIVES:

- I will pass to a target by stepping to the target, using a controlled kick with the inside of my foot, and following through to the target.
- I will practice all soccer activities with a focus on control and balance.

SOCIAL AND EMOTIONAL OBJECTIVES:

- I will give active effort in improving my soccer skills.
- I will use positive self-talk words during challenging activities.

WELLNESS OBJECTIVES:

- I will be physically active every day for at least 60 minutes.
- I will play the Soccer Fortune Teller with a friend or family member.

CONTENT-SPECIFIC PRIORITY OUTCOMES

Physical Education Priority Outcomes:

MOVEMENT SKILLS & CONCEPTS: Manipulative Skills

Students demonstrate skill competency and can apply concepts and strategies to movement and performance.

- **(K)** Safely manipulates objects using underhand throws, two-hand catches, hand and foot dribbles and underhand volleys/strikes.
- **(1)** Manipulates and controls objects using underhand throws, two-hand catches, hand and foot dribbles and underhand volleys/strikes.
- **(2)** Demonstrates control while combining locomotor and manipulative skills in self- space and general space.

Social and Emotional Learning Priority Outcomes:

SELF-MANAGEMENT: EMPOWERMENT

- **(Elementary)** Defines personal motivation and discusses how motivation can impact personal and academic goals.

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Weekly Learning Targets

WEEK 4 of 4 STUDENT LEARNING OBJECTIVES (K-2)

PHYSICAL EDUCATION OBJECTIVES:

- I will move through the Soccer Ninja Obstacle Course with a focus on control and balance.

SOCIAL AND EMOTIONAL OBJECTIVES:

- I will give active effort in improving my soccer skills.
- I will enjoy being active.

WELLNESS OBJECTIVES:

- I will be physically active every day for at least 60 minutes.
- I will use the chance to play the Soccer Fortune Teller with a friend or family member to relax and enjoy being physically active.

CONTENT-SPECIFIC PRIORITY OUTCOMES

Physical Education Priority Outcomes:

MOVEMENT SKILLS & CONCEPTS: Manipulative Skills

Students demonstrate skill competency and can apply concepts and strategies to movement and performance.

- **(K)** Safely manipulates objects using underhand throws, two-hand catches, hand and foot dribbles and underhand volleys/strikes.
- **(1)** Manipulates and controls objects using underhand throws, two-hand catches, hand and foot dribbles and underhand volleys/strikes.
- **(2)** Demonstrates control while combining locomotor and manipulative skills in self- space and general space.

Social and Emotional Learning Priority Outcomes:

SELF-MANAGEMENT: HEALING

- **(Elementary)** Identifies and practices stress management strategies related to personal and community healing.