Challenge:

Something that presents difficulty and requires effort to master or achieve.

The students enjoyed the challenge of the soccer drills they practiced in class.

Soccer Fortune Teller:

[YouTube for Game Play]
[YouTube for Fortune Teller Folding]

Cut and fold the Soccer Fortune Teller. Then, play the Fortune Teller game and complete the soccer drills as a warmup.

Be sure to read the healthy food facts on the fortune teller each time you play the game. Share those facts with a friend or family member.

Determinations:

A strong feeling about the purpose of a goal that gives motivation for accomplishing that goal.

Akinyi’s determination helped push her to practice and improve her dribbling skills.

Soccer Red Light, Green Light:

[YouTube]

We’re going to wrap up today playing Soccer Red Light, Green Light. I’m going to give you a foot skill drill to perform (like toe taps). When I say, “Green Light!” perform the drill. When I say, “Red Light!” stop and freeze with 1 foot on the top of the ball.

Score 1 point every time you stop and freeze perfectly.