Physical Activity & Personal Health

Question Set 1
1) What does control mean?
2) What do you know about controlling a soccer ball?
3) How is your body control related to soccer dribbling?

Question Set 2
1) What is a target?
2) What do you know about passing to a target in soccer?

Question Set 3
1) What is a challenge?
2) What have you learned that was a challenge for you?

Question Set 4
1) What is balance?
2) How do your focus and attention affect your balance as you dribble through the Soccer Ninja Course?

Social & Emotional Health

Question Set 1
1) What is self-control?
2) How does your self-control affect your classmates?

Question Set 2
1) What are some ways that we can control our personal behavior?
2) What do you notice about our class time when everyone works to control their personal behaviors?

Question Set 3
1) How do you face a challenging task?
2) How do the words that you say to yourself affect the way that you face a challenge?

Question Set 4
1) What does it mean when you enjoy something?
2) What physical activities do you enjoy?
3) How can you help others enjoy physical activity?