

# SOCCER NATION

## Weekly Learning Targets

### WEEK 1 of 4 STUDENT LEARNING OBJECTIVES (6-8)

#### PHYSICAL EDUCATION OBJECTIVES:

- I use controlled taps to safely dribble my soccer ball with balance.
- I will focus on purposeful practice in an effort to build my skills.

#### SOCIAL AND EMOTIONAL OBJECTIVES:

- I will reflect on self-care as a practice and complete the Self-care SEL Concept Square.

#### WELLNESS OBJECTIVES:

- I will be physically active every day for at least 60 minutes.

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### CONTENT-SPECIFIC PRIORITY OUTCOMES

#### Physical Education Priority Outcomes:

##### MOVEMENT SKILLS & CONCEPTS: MANIPULATIVE SKILLS

Students demonstrate skill competency and can apply concepts and strategies to movement and performance.

- **(6-8)** Refines manipulative skills to improve performance in dance, fitness, and sport activities.

##### MOVEMENT SKILLS & CONCEPTS: MOVEMENT CONCEPTS

- **(8)** Analyzes movement and activity situations and makes adjustments with a specific purpose or to create a strategic advantage.

#### Social and Emotional Learning Priority Outcomes:

##### SELF-MANAGEMENT: HEALING

- **(Secondary)** Identifies and routinely applies strategies for stress management as a part of a social and emotional health practice and overall wellness-based lifestyle.

# SOCCER NATION

## Weekly Learning Targets

### WEEK 2 of 4 STUDENT LEARNING OBJECTIVES (6-8)

#### PHYSICAL EDUCATION OBJECTIVES:

- I will pass to a target by stepping to the target, using a controlled kick with the inside of my foot, and following through to the target.
- I will focus on safety and good form while I practice passing skills.

#### SOCIAL AND EMOTIONAL OBJECTIVES:

- I will reflect on mindfulness as a practice and complete the Mindfulness SEL Concept Square.

#### WELLNESS OBJECTIVES:

- I will be physically active every day for at least 60 minutes.

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### CONTENT-SPECIFIC PRIORITY OUTCOMES

#### Physical Education Priority Outcomes:

##### MOVEMENT SKILLS & CONCEPTS: MANIPULATIVE SKILLS

Students demonstrate skill competency and can apply concepts and strategies to movement and performance.

- **(6-8)** Refines manipulative skills to improve performance in dance, fitness, and sport activities.

##### MOVEMENT SKILLS & CONCEPTS: MOVEMENT CONCEPTS

- **(8)** Analyzes movement and activity situations and makes adjustments with a specific purpose or to create a strategic advantage.

#### Social and Emotional Learning Priority Outcomes:

##### SELF-MANAGEMENT: HEALING

- **(Secondary)** Identifies and routinely applies strategies for stress management as a part of a social and emotional health practice and overall wellness-based lifestyle.

# SOCCER NATION

## Weekly Learning Targets

### WEEK 3 of 4 STUDENT LEARNING OBJECTIVES (6-8)

#### PHYSICAL EDUCATION OBJECTIVES:

- I will focus on improving my ball control skills through skill-building activities and practice.
- I will practice all soccer activities with a focus on control and balance.

#### SOCIAL AND EMOTIONAL OBJECTIVES:

- I will reflect on grit as a personal characteristic and complete the Grit SEL Concept Square.

#### WELLNESS OBJECTIVES:

- I will be physically active every day for at least 60 minutes.

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### CONTENT-SPECIFIC PRIORITY OUTCOMES

#### Physical Education Priority Outcomes:

##### MOVEMENT SKILLS & CONCEPTS: MANIPULATIVE SKILLS

Students demonstrate skill competency and can apply concepts and strategies to movement and performance.

- **(6-8)** Refines manipulative skills to improve performance in dance, fitness, and sport activities.

##### MOVEMENT SKILLS & CONCEPTS: MOVEMENT CONCEPTS

- **(8)** Analyzes movement and activity situations and makes adjustments with a specific purpose or to create a strategic advantage.

#### Social and Emotional Learning Priority Outcomes:

##### RESPONSIBLE DECISION-MAKING: EMPOWERMENT

- **(Secondary)** Makes constructive choices about personal behavior and social interactions in the active pursuit of individual and collective goals.

# SOCCER NATION

## Weekly Learning Targets

### WEEK 4 of 4 STUDENT LEARNING OBJECTIVES (6-8)

#### PHYSICAL EDUCATION OBJECTIVES:

- I will enjoy soccer skill building activities and routines with a classmate, friend, or family member.

#### SOCIAL AND EMOTIONAL OBJECTIVES:

- I will reflect on gratitude as a practice and complete the Gratitude SEL Concept Square.

#### WELLNESS OBJECTIVES:

- I will be physically active every day for at least 60 minutes.

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### CONTENT-SPECIFIC PRIORITY OUTCOMES

#### Physical Education Priority Outcomes:

##### MOVEMENT SKILLS & CONCEPTS: MANIPULATIVE SKILLS

Students demonstrate skill competency and can apply concepts and strategies to movement and performance.

- **(6-8)** Refines manipulative skills to improve performance in dance, fitness, and sport activities.

##### MOVEMENT SKILLS & CONCEPTS: MOVEMENT CONCEPTS

- **(8)** Analyzes movement and activity situations and makes adjustments with a specific purpose or to create a strategic advantage.

#### Social and Emotional Learning Priority Outcomes:

##### RELATIONSHIP SKILLS: HEALING

- **(Secondary)** Establishes trusting relationships with adults and peers of diverse backgrounds and abilities. Seeks and offers help from an established social network that includes diverse individuals.