Hitting to the Net
(Partner Challenges)

What You Need:
A Spikeball™ (or similar ball) and Spikeball™ Net (or hula hoop)

The Goal:
Complete as many levels as you can.
Silver Medal = 3 hits in a row on target
Gold Medal = 5 hits in a row on target

How To Play:
- Level 1 - Stand next to the net. Partner tosses and you hit a drop shot onto the net.
- Level 2 - Stand next to the net. Partner tosses and you hit a power shot onto the net.
- Level 3 - Stand next to the net. Partner tosses and you hit alternating shots onto the net.
- Level 4 - Stand next to the net. Partner tosses. You hit onto the net using non-dominant hand.
- Level 5 - Stand next to the net. Partner tosses. You hit onto the net making your partner move 1-2 feet in any direction, using any shot so that your partner can catch the ball.