BOWL BALL

The Goal:
To score as many points as you can in a set time by tossing the ball into the bowls.

What You Need:
6 Large Bowls (or targets of your choice), 1 Sock Ball (or tossable object of your choice)

How To Play:
- Set bowls on the floor in a triangle 3”- 4” apart.
- Mark the point total for each bowl with paper or tape in the bottom of each bowl. Mark a tossing line 6’-8’ away. Hint: Big bowls are easier than small bowls!
- On the start signal, begin tossing. After each toss, retrieve the sock and hustle back to toss again.
- If the sock lands in a bowl, or crosses target area (based on needs), tally points with pen and paper.
- On the stop signal, calculate your score. If you make at least 3 attempts to improve your score, mark the event complete on the scorecard.

UDL Mods:
- Use hula hoops, jump rope or taped circles in place of bowls.
- Use a light ball inside a sock, scarf or grocery bag.
- Adapt shape, size, placement of targets as needed.
- Use multiple tossing objects to prevent retrieval after a throw.
- Allow students to throw, push, transfer or drop objects.
BOWL BALL

Watch this activity demo on YouTube.

Picture Communication Symbols® courtesy of Boardmaker 7.