

# FLIP YOUR LID



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## The Goal:

The object is to flip your plastic lid upside down as many times as you can in a set time.

## What You Need:

1 Kitchen Spatula, 1 Plastic Lid (from a jar or plastic container)

## How To Play:

- Place the lid facing up on a table or on the floor. Get your spatula ready!
- On the start signal, slide your spatula under the lid and try to flip it into the air so that it lands upside down.
- Earn a point for each successful flip. Total your points.
- Quickly reset the lid after each flip.
- If you make at least 3 attempts to improve your score, mark the event complete on the scorecard.

## UDL Mods:

- Change the spatula for a short handled paddle, kitchen strainer with handle, small sand shovel, or allow students to use hands.
- Change the lid for a spot marker or flying disc.
- Place lid on spatula for students before each flip.
- Use stomp/smash pad to launch lid.

**Boardmaker**<sup>®</sup>



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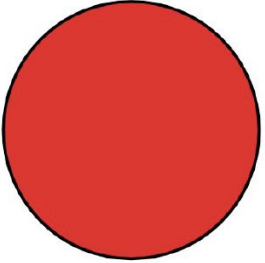

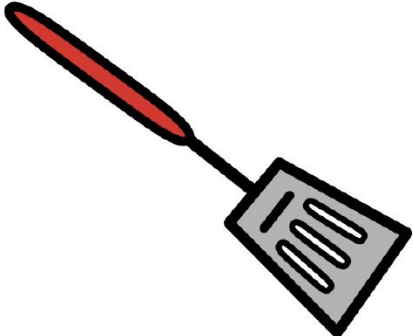



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Picture Communication Symbols<sup>®</sup> courtesy of Boardmaker 7.

			
Lid	Put On	Spatula	Flip



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