FLIP YOUR LID

The Goal:
The object is to flip your plastic lid upside down as many times as you can in a set time.

What You Need:
1 Kitchen Spatula, 1 Plastic Lid (from a jar or plastic container)

How To Play:
- Place the lid facing up on a table or on the floor. Get your spatula ready!
- On the start signal, slide your spatula under the lid and try to flip it into the air so that it lands upside down.
- Earn a point for each successful flip. Total your points.
- Quickly reset the lid after each flip.
- If you make at least 3 attempts to improve your score, mark the event complete on the scorecard.

UDL Mods:
- Change the spatula for a short handled paddle, kitchen strainer with handle, small sand shovel, or allow students to use hands.
- Change the lid for a spot marker or flying disc.
- Place lid on spatula for students before each flip.
- Use stomp/smash pad to launch lid.
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Watch this activity demo on YouTube

Picture Communication Symbols® courtesy of Boardmaker 7.

Lid  Put On  Spatula  Flip