

## **BACKBOARD BANK IT**





### The Goal:

Score as many points as possible in 1 minute (or another designated time) by tossing sock balls off of the wall and into the basket.

#### What You Need:

5 Sock Balls (paper or foam ball or any soft ball available), Laundry Basket or Bucket, Wall

## **How To Play:**

- Place a basket or bucket against a wall. Mark a distance 5'-10' from the basket.
- On the start signal start tossing the sock balls into the basket. You MUST bounce the ball off of the wall for the point to be counted.
- Score 1 point for every sock that is banked into the basket.

### **UDL Mods:**

- Allow students to choose a ball based on preference/skill.
- Modify the distance between the tossing spot and the basket to increase success.
- Allow all baskets to count as a point, even those not banked.

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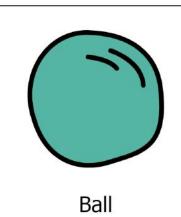


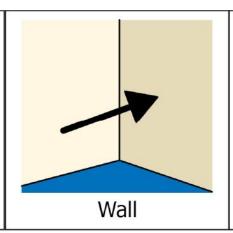
Watch this activity demo on / YouTube /



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