

## **Pillowcase Race**

Watch this activity demo on / 🕒 YouTube

## The Goal:

Complete the Pillowcase Race as fast as you can!

## What You Need:

Pillowcase, 2 Cones (or spots), Timer

## How To Play:

- Set 2 cones or spots 10-15 paces apart.
- Start at one cone with both feet inside the pillowcase.
- On the start signal, hop down and around the far cone to finish at the cone where you started.
- Race against the clock or against friends.
- Have a lot of friends? Make it a relay!







