## Skee-Ball

## The Goal:

##  <br> Watch this activity demo on $\triangle$ Youlube

Score as many points as you can in 3 rounds of play.

## What You Need:

5 bins or targets (various sizes), 3 fluff balls (or sock balls)

## How To Play:

- Arrange 5 targets close together. Assign a point value (1-5) for each. (Targets can be plasticware, buckets, laundry baskets, or even paper plates.)
- Stand 5-10 paces away. Use an underhand throw to toss each fluff ball towards the targets. Record your score.
- Play three rounds. When finished, add each score to calculate a grand total.


BSNSPORTS ${ }^{\text {m }}$
THE HEART OF THE GAME

