

Ninja River Jump

Watch this activity demo on  YouTube 

The Goal:

To score as many points as possible in 10 jump attempts.

What You Need:

3 pieces of paper

How To Play:

- Lay 3 pieces of paper end-to-end to form a line. Stand at one end so that the line of papers is next to you and not directly in front of you.
- Jump forward as far as you can next to the line of papers.
- ***Do not attempt to jump over or on top of the paper as this could be unsafe.***
- When you jump you must land on two feet and maintain your balance.
- Jump past one sheet of paper, you score 1 point;
Jump past two sheets of paper, you score 2 points;
Jump past all three sheets, you score 3 points!
- Continue for 10 jump attempts, record and total your scores!



in support of

