



Learning Module: **Minute To Win Challenges**
Elementary Weeks 25-28

Healthy Body

I will participate in enjoyable physical activities to keep my body healthy.

Healthy Mind

I will communicate with my classmates using positive and encouraging language.

Enjoyment & Challenge

I will practice with focus and purpose in order to prepare for field day.

Building Skills

I will move safely with awareness and control.



Why are we learning this?

It's time to prepare for OPEN National Field Day! In this module you will try a variety of field day events with a focus on moving safely and purposeful practice. In this module you will:

- Complete 4 St. Jude Heroes Jr. Challenges and learn about kids who have bravely fought against cancer.
- Practice OPEN National Field Day events.
- Enjoy being physically active with classmates, family, and friends.