Physical Activity & Personal Health

Question Set 1
1) What does safe movement look like?
2) How can we control our speed and keep our balance while we move?

Question Set 2
1) What is force?
2) How does the force of a tap effect a balloon?

Question Set 3
1) Can you demonstrate a jump with a 2-foot takeoff and a 2-foot landing?
2) How much force should we use when trying to jump as far as we can?

Question Set 4
1) What is practice?
2) How can we continue to practice for field day?

Social & Emotional Health

Question Set 1
1) What does it mean to be physically strong?
2) What does it mean to be mentally strong?

Question Set 2
1) What is agility?
2) What does agility look like?

Question Set 3
1) What is willpower?
2) What does willpower look like?

Question Set 4
1) What is bravery?
2) Can you think of an example of when you or someone you know demonstrated bravery?