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OPEN National Field Day Equipment List by Event Category

Active Schools Flying Disc Challenges

- Flying Disc
- Interval Music or Stopwatch
- Hula Hoop

Go Be Great Minute to Win

- A Book
- 3 Balloons
- 6-Sided Dice
- 6 Pieces of Paper
- Paper Ball
- Pen (writing utensil)
- 6 Plastic Cups
- Bean Bag (or sock ball)
- Interval Music or Stopwatch

Action For Healthy Kids Great Games

- 5 Plastic Bins (or targets)
- 3 Fluff Balls (or sock balls)
- 1 Pillowcase Per Racer
- 2 Cones (or other spot markers)
- Any Tossable Objects
- 9 Hula Hoops
- 10 Spots (5 of 1 color and 5 of another)
- 6 Bean Bags (3 of 1 color and 3 of another)
- Stopwatch
- Music and Music Player

Fitness Fun with the Cooper Institute

- 5 Cones (or other spot markers)
- 4–12 Jump Ropes
- 8–16 Hula Hoops
- Stopwatch

Charging Stations: Look for the Good

- Station Cards Only

Ninja Training with US Games

- 3 Pieces of Paper
- 2 Cones
- 2 Spots (or other markers)
- 5 Cups
- 1 Noodle (or broomstick)
- Stopwatch

Relay Events: Rising New York Roadrunners

- 2–8 Cones

Spikeball

- 1 or 2 Spikeballs per Pair (or foam ball)
- 1 Spikeball Net per Pair (or hula hoop)

St. Jude Heroes Jr. Challenges

- St. Jude Heroes Jr. Online Videos

Universal Design with Boardmaker

- 3 Balloons (or lightweight objects)
- Scavenger Hunt Worksheet
- 1 Spoon (per racer)
- 1–5 Small Objects to Balance
- Cones or Spot Markers (start/stop lines)
- 10 Plastics Cups
- 1 Paper Plate (or paddle to create wind)
- 6 Large Plastic Bowls
- Sock Balls (or soft tossable object)
- 1 Kitchen Spatula
- 1 Plastic Lid (from a food container)
- 1 Ping Pong Ball (or lightweight object)
- 3 Laundry Baskets
- Empty Water Bottles
- 3 Sheets of Paper (per player)
- 5–15 Tennis Shoes
- 2 1-Gallon Milk Jugs (per player)
- Stopwatch



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OPEN National Field Day Equipment Complete List

- Flying Discs
- Interval Music or Stopwatch
- 12 Hula Hoops
- A Book
- 3 Balloons (per player)
- 6-Sided Dice
- 6 Pieces of Paper
- Paper Ball
- Pen (writing utensil)
- 10 Plastic Cups
- 10 Spots (5 of 1 color and 5 of another)
- 6 Bean Bags (3 of 1 color and 3 of another)
- 5 Plastic Bins (or targets)
- 3 Fluff Balls (or sock balls)
- 1 Pillowcase Per Racer
- 12 Cones
- 12 Jump Ropes
- Interval Music or Stopwatch
- 1 Noodle (or broomstick)
- 1 or 2 Spikeballs per Pair (or foam ball)
- 1 Spikeball Net per Pair (or hula hoop)
- Scavenger Hunt Worksheet
- 1 Spoon (per racer)
- 1–5 Small Objects to Balance
- 1 Kitchen Spatula
- 1 Plastic Lid (from a food container)
- 1 Ping Pong Ball (or lightweight object)
- 3 Laundry Baskets
- Empty Water Bottles
- 5–15 Tennis Shoes
- 2 1-Gallon Milk Jugs (per player)