**WEEK 1 of 4 STUDENT LEARNING OBJECTIVES (9-12)**

**PHYSICAL EDUCATION OBJECTIVES:**

* I use perform passing challenges in an effort to improve my Roundnet skills.
* I will focus on purposeful practice in an effort to build my skills.

**SOCIAL AND EMOTIONAL OBJECTIVES:**

* I will reflect on determination and its role in my personal improvement and achievement.

**WELLNESS OBJECTIVES:**

* I will be physically active every day for at least 60 minutes.

**CONTENT-SPECIFIC PRIORITY OUTCOMES**

**Physical Education Priority Outcomes:**

MOVEMENT SKILLS & CONCEPTS: NON-LOCOMOTOR SKILLS

Students demonstrate skill competency and can apply concepts and strategies to movement and performance.

* **(HS)** Demonstrates competency and/or refines activity-specific movement skills in two or more lifetime activities.

**Social and Emotional Learning Priority Outcomes:**

SELF-AWARENESS: EMPOWERMENT

* **(Secondary)** Recognizes the role of emotion within the context of past experiences and applies that learning to create a path toward self-improvement and personal achievement.

**WEEK 2 of 4 STUDENT LEARNING OBJECTIVES (9-12)**

**PHYSICAL EDUCATION OBJECTIVES:**

* I use perform passing challenges in an effort to improve my Roundnet skills.
* I will focus on purposeful practice in an effort to build my skills.

**SOCIAL AND EMOTIONAL OBJECTIVES:**

* I will reflect on courage and its role in managing my fear and helping me establish positive and optimistic behaviors.

**WELLNESS OBJECTIVES:**

* I will be physically active every day for at least 60 minutes.

**CONTENT-SPECIFIC PRIORITY OUTCOMES**

**Physical Education Priority Outcomes:**

MOVEMENT SKILLS & CONCEPTS: NON-LOCOMOTOR SKILLS

Students demonstrate skill competency and can apply concepts and strategies to movement and performance.

* **(HS)** Demonstrates competency and/or refines activity-specific movement skills in two or more lifetime activities.

**Social and Emotional Learning Priority Outcomes:**

SELF-AWARENESS: SAFETY

* **(Secondary)** Recognizes the role of emotions in personal behavior and applies that understanding to establish positive and optimistic patterns of behavior.

**WEEK 3 of 4 STUDENT LEARNING OBJECTIVES (9-12)**

**PHYSICAL EDUCATION OBJECTIVES:**

* I use perform hitting challenges in an effort to improve my Roundnet skills.
* I will focus on purposeful practice in an effort to build my skills.

**SOCIAL AND EMOTIONAL OBJECTIVES:**

* I will reflect on passion and its role in setting a path toward self-improvement and personal achievement.

**WELLNESS OBJECTIVES:**

* I will be physically active every day for at least 60 minutes.

**CONTENT-SPECIFIC PRIORITY OUTCOMES**

**Physical Education Priority Outcomes:**

MOVEMENT SKILLS & CONCEPTS: NON-LOCOMOTOR SKILLS

Students demonstrate skill competency and can apply concepts and strategies to movement and performance.

* **(HS)** Demonstrates competency and/or refines activity-specific movement skills in two or more lifetime activities.

**Social and Emotional Learning Priority Outcomes:**

SELF-AWARENESS: EMPOWERMENT

* **(Secondary)** Recognizes the role of emotion within the context of past experiences and applies that learning to create a path toward self-improvement and personal achievement.

**WEEK 4 of 4 STUDENT LEARNING OBJECTIVES (9-12)**

**PHYSICAL EDUCATION OBJECTIVES:**

* I use perform serving challenges in an effort to improve my Roundnet skills.
* I will focus on purposeful practice in an effort to build my skills.

**SOCIAL AND EMOTIONAL OBJECTIVES:**

* I will reflect on passion and its role in setting a path toward self-improvement and personal achievement.

**WELLNESS OBJECTIVES:**

* I will be physically active every day for at least 60 minutes.

**CONTENT-SPECIFIC PRIORITY OUTCOMES**

**Physical Education Priority Outcomes:**

MOVEMENT SKILLS & CONCEPTS: NON-LOCOMOTOR SKILLS

Students demonstrate skill competency and can apply concepts and strategies to movement and performance.

* **(HS)** Demonstrates competency and/or refines activity-specific movement skills in two or more lifetime activities.

**Social and Emotional Learning Priority Outcomes:**

SELF-AWARENESS: EMPOWERMENT

* **(Secondary)** Recognizes the role of emotion within the context of past experiences and applies that learning to create a path toward self-improvement and personal achievement.