



Class Discussion Questions

Physical Activity & Personal Health

Question Set 1

- 1) What are two types of passing used in Roundnet?
- 2) What do you know about performing each pass?
- 3) How is passing used on offence during Roundnet game play?

Question Set 2

- 1) What is effort?
- 2) How does effort affect you and your success?
- 3) What does effort look like in your daily life?

Question Set 3

- 1) What is focus?
- 2) How is focus related to hitting in the game of Roundnet?
- 3) Let's make a list of ways that we can improve our focus.

Question Set 4

- 1) What is a serve?
- 2) What different sports and activities require a serve?
- 3) Why is it important to practice serving?

Social & Emotional Health

Question Set 1

- 1) What is determination?
- 2) How does determination help you work toward goals?

Question Set 2

- 1) What is courage?
- 2) How is courage related to fear?

Question Set 3

- 1) What is passion?
- 2) What are examples of personal passions?

Question Set 4

- 1) What is fulfillment?
- 2) What are examples of things that bring people fulfillment?

