I will use positive words to encourage myself and others.

I will participate in Hopscotch games to keep my body healthy.

**Hopscotch is a playground game that has been played for hundreds of years.** This module is designed to teach young students this classic game as a way to be active with friends and family outside of physical education class.

In this module you will:

* Practice jumping, hopping, galloping, and skipping.
* Learn the rules for Hopscotch.
* Enjoy being physically active with others.

Learning Module: **Hopscotch**

I will perform movement activities with balance and control.

I will talk about reasons that I enjoy being physically active.