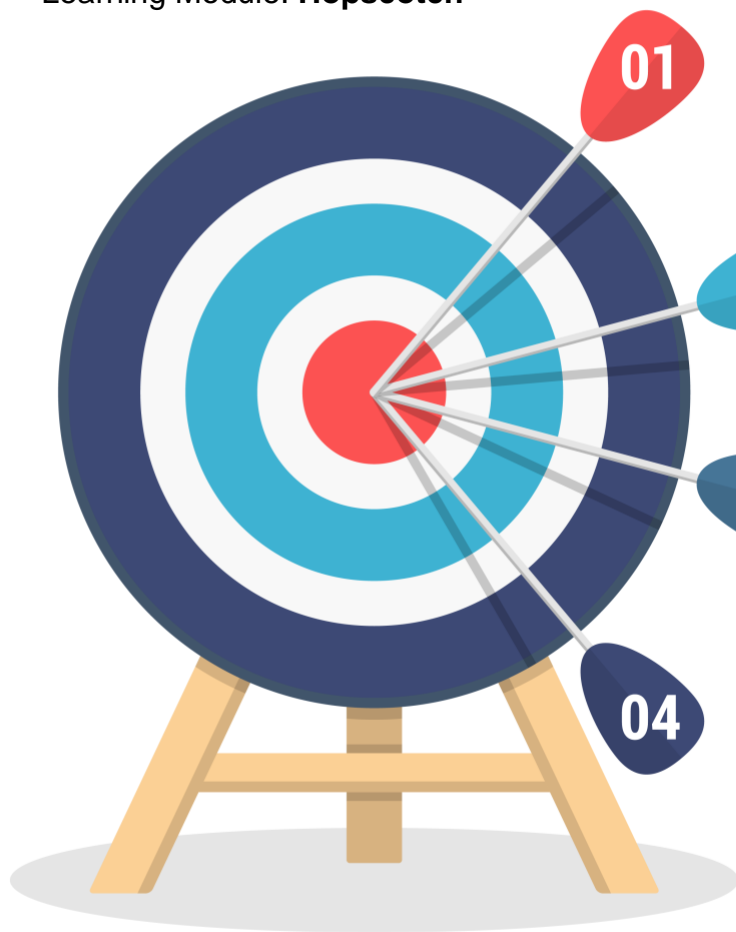




Learning Module: **Hopscotch**



### **Healthy Body**

I will participate in Hopscotch games to keep my body healthy.

### **Healthy Mind**

I will talk about reasons that I enjoy being physically active.

### **Enjoyment & Challenge**

I will use positive words to encourage myself and others.

### **Building Skills**

I will perform movement activities with balance and control.

## **Why are we learning this?**

**Hopscotch is a playground game that has been played for hundreds of years.** This module is designed to teach young students this classic game as a way to be active with friends and family outside of physical education class.

In this module you will:

- Practice jumping, hopping, galloping, and skipping.
- Learn the rules for Hopscotch.
- Enjoy being physically active with others.