WEEK 1 of 4 STUDENT LEARNING OBJECTIVES

PHYSICAL EDUCATION OBJECTIVES:
• I will encourage my partner and classmates during Tabata skill practice and during game play.
• I will focus on purposeful practice in an effort to build my skills.

SOCIAL AND EMOTIONAL OBJECTIVES:
• I will use constructive language in my self-talk to stay focused on skill improvement.

WELLNESS OBJECTIVES:
• I will teach 1 friend or family member how to play Slam Ball outside of class.

CONTENT-SPECIFIC PRIORITY OUTCOMES

Physical Education Priority Outcomes:
VALUES PHYSICAL ACTIVITY: SOCIAL INTERACTION
Students recognize the value of physical activity for physical, emotional, and mental health.
• (6) Demonstrates respect for self and others in activities and games by following the rules, encouraging others, and playing within the spirit of the game or activity.
• (7) Demonstrates the importance of social interaction by helping and encouraging others, avoiding trash talk, and providing support to classmates.
• (8) Demonstrates respect for self by asking for help and helping others in various physical activities.
• (HS) Identifies and evaluates the opportunity for social interaction and social support in self-selected physical activities.

Social and Emotional Learning Priority Outcomes:
RELATIONSHIP SKILLS: EMPOWERMENT
• (Secondary) Applies constructive language to encourage self and others in the active pursuit of personal and collective goals.
WEEK 2 of 4 STUDENT LEARNING OBJECTIVES

PHYSICAL EDUCATION OBJECTIVES:
• I will demonstrate respect for my classmates by playing 2-Square with the spirit of the game.
• I will work to improve my skill and fitness during Volley Tabata practice.

SOCIAL AND EMOTIONAL OBJECTIVES:
• I will discuss my action plan for reaching personal goals using constructive and encouraging language.

WELLNESS OBJECTIVES:
• I will teach 1 friend or family member how to 2-Square outside of class.

CONTENT-SPECIFIC PRIORITY OUTCOMES

Physical Education Priority Outcomes:
VALUES PHYSICAL ACTIVITY: SOCIAL INTERACTION
Students recognize the value of physical activity for physical, emotional, and mental health.
• (6) Demonstrates respect for self and others in activities and games by following the rules, encouraging others, and playing within the spirit of the game or activity.
• (7) Demonstrates the importance of social interaction by helping and encouraging others, avoiding trash talk, and providing support to classmates.
• (8) Demonstrates respect for self by asking for help and helping others in various physical activities.
• (HS) Identifies and evaluates the opportunity for social interaction and social support in self-selected physical activities.

Social and Emotional Learning Priority Outcomes:
RELATIONSHIP SKILLS: EMPOWERMENT
• (Secondary) Applies constructive language to encourage self and others in the active pursuit of personal and collective goals.
WEEK 3 of 4 STUDENT LEARNING OBJECTIVES

PHYSICAL EDUCATION OBJECTIVES:
• I will select a square court game that I can enjoy with my classmates.
• I will use language that motivates others to be active and to enjoy being physical activity with others.

SOCIAL AND EMOTIONAL OBJECTIVES:
• I will discuss what it means to be an encouraging friend.

WELLNESS OBJECTIVES:
• I will be physically active every day for at least 60 minutes.

CONTENT-SPECIFIC PRIORITY OUTCOMES

Physical Education Priority Outcomes:
VALUES PHYSICAL ACTIVITY: SOCIAL INTERACTION
Students recognize the value of physical activity for physical, emotional, and mental health.
• (6) Demonstrates respect for self and others in activities and games by following the rules, encouraging others, and playing within the spirit of the game or activity.
• (7) Demonstrates the importance of social interaction by helping and encouraging others, avoiding trash talk, and providing support to classmates.
• (8) Demonstrates respect for self by asking for help and helping others in various physical activities.
• (HS) Identifies and evaluates the opportunity for social interaction and social support in self-selected physical activities.

Social and Emotional Learning Priority Outcomes:
RELATIONSHIP SKILLS: EMPOWERMENT
• (Secondary) Applies constructive language to encourage self and others in the active pursuit of personal and collective goals.
PHYSICAL EDUCATION OBJECTIVES:
• I will use physical activity opportunities as a way to spend time with friends and family.

SOCIAL AND EMOTIONAL OBJECTIVES:
• I will discuss ways that my personal language reflects kindness.

WELLNESS OBJECTIVES:
• I will be physically active every day for at least 60 minutes.

CONTENT-SPECIFIC PRIORITY OUTCOMES

Physical Education Priority Outcomes:
VALUES PHYSICAL ACTIVITY: SOCIAL INTERACTION
Students recognize the value of physical activity for physical, emotional, and mental health.
• (6) Demonstrates respect for self and others in activities and games by following the rules, encouraging others, and playing within the spirit of the game or activity.
• (7) Demonstrates the importance of social interaction by helping and encouraging others, avoiding trash talk, and providing support to classmates.
• (8) Demonstrates respect for self by asking for help and helping others in various physical activities.
• (HS) Identifies and evaluates the opportunity for social interaction and social support in self-selected physical activities.

Social and Emotional Learning Priority Outcomes:
RELATIONSHIP SKILLS: EMPOWERMENT
• (Secondary) Applies constructive language to encourage self and others in the active pursuit of personal and collective goals.