

# THE FRAGILE MOVING COMPANY

## LEARNING TARGETS:

- **Skill:** I will move mindfully with consideration for others.
- **Cognitive:** I will start and stop with the music as my signal.
- **Physical Activity:** I will be active using different locomotor skills.
- **SEL:** I will demonstrate respect for physical education equipment.

## TARGET VOCABULARY:

- Respect, Equipment, Safe, Balance, Control, Start/Stop Signal

## EQUIPMENT NEEDED:

- 1 bean bag per student; 2 spot markers per student, music

## ORGANIZE:

- **Space:** Spots are “safe bubbles” scattered in space. Bean bags are “fragile crystals” placed on top of a spot.
- **Students:** Students start the game scattered in the activity area.

## PROCEDURES:

- **The Object:** Work to move as many fragile crystals as you can from one safe bubble to another.
- **The Process:** When the music starts, move to a crystal, pick it up, and gently move it to another bubble. Continue moving as many crystals as you can while the music plays. When the music stops, hold up the total number of crystals moved using your fingers.

## DEVELOPMENTAL MODIFICATIONS FOR DIFFERENTIATION:

- Allow students to use adaptive equipment that helps them carry the bean bags.
- Students work in pairs or small groups to cooperatively move each bean bag.

## DISCUSSION STARTERS:

- What does it look like when someone is respecting the equipment that we use in physical education?
- Why is respecting our equipment important?

