



SHARE-A-LOT

STUDENT TARGETS

- **Skill:** I will safely demonstrate a variety of ways to move my body.
- **Cognitive:** I will talk about sharing in physical education class.
- **Physical Activity:** I will share as many objects as I can.
- **Personal & Social Responsibility:** I will use positive words to talk with teachers and classmates.

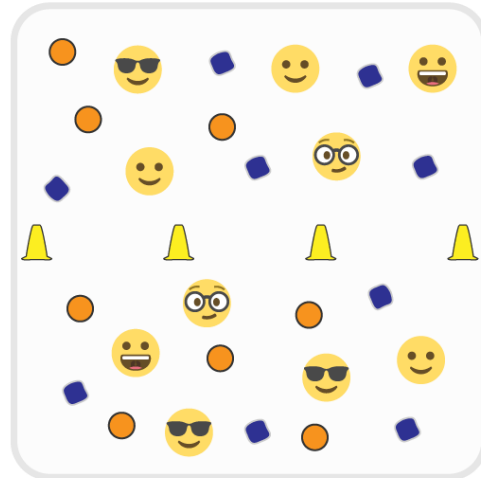
EQUIPMENT & SET-UP

Equipment:

- 6 cones
- 1 foam ball or bean bag per student
- Music and music player

Set-Up:

- Use cones to create a center line down the middle of the activity space.
- Scatter the foam balls/bean bags evenly on each side of the cones.
- Create two even teams, with one team on each side of the cones.



ACTIVITY PROCEDURES

1. Today we are going to work on sharing as many objects as you can with the other team.
2. When the music begins, pick up a foam ball or bean bag and carry it to the other side of the cones. Set it down in an open space and say "I Love to Share!" Then return to your side and collect a new object and share again. You want to share as many objects as you can while the music plays.
3. When the music stops, listen as I call out different locomotor skills for you to use as you move. We will begin at a walking pace.
4. On the stop signal freeze and be ready for the next set of instructions.

GRADE LEVEL PROGRESSION

- Level 1:** Use spot markers or hula hoops to designate where the equipment should be placed on each side of the cones.
- Level 2:** Have students work cooperatively with a partner on their team to transfer the foam ball or bean bag to the other side of the cones. They can work with any student on their team for each transfer.

ACADEMIC LANGUAGE

Locomotor Skills, Positive, Respect, Share, Start/Stop Signal

PRIORITY OUTCOMES

Social Interaction:

Discusses the reasons for participating in physical activity with friends.

DISCUSSION QUESTIONS

- What would you put on a list about sharing equipment? What are all the things we know about sharing during physical education class?
- What are some respectful and positive words that we can use to ask someone to share with us?