

TOUCHDOWN TRADERS

STUDENT TARGETS

- **Skill:** I will safely demonstrate a variety of ways to move my body.
- **Cognitive:** I will talk about sharing in physical education class.
- **Physical Activity:** I will share as many objects as I can.
- **Personal & Social Responsibility:** I will use positive words to talk with teachers and classmates.

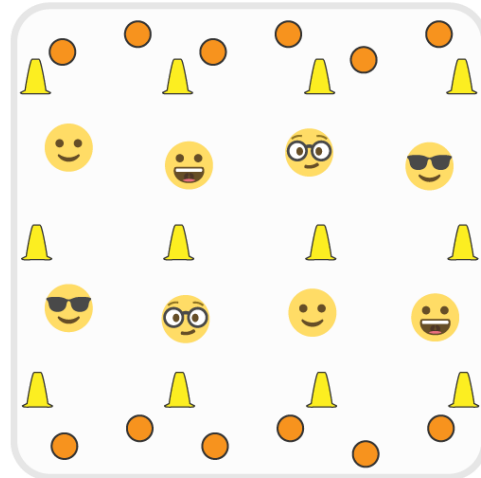
EQUIPMENT & SET-UP

Equipment:

- 12 cones
- 1 foam ball per student
- Music and music player

Set-Up:

- Use cones to create a centerline down the middle of the activity space, and two end zones on opposite ends of the space.
- Scatter the foam balls evenly in each end zone.
- Create two even teams, with one team on each side of the centerline of cones.



ACTIVITY PROCEDURES

1. Today we are going to score as many touchdowns as you can by running a ball into the opposite team's end zone.
2. When the music begins, pick up a foam ball and move safely through the activity area into the opposite team's end zone. When you score a touchdown, place the ball carefully on the floor of the end zone and then return to your team's end zone to collect a new ball and repeat. You want to score as many touchdowns as you can while the music plays.
3. When the music stops, listen as I call out different locomotor skills for you to use as you move. We will begin at a walking pace. On the stop signal freeze and be ready for the next set of instructions.

GRADE LEVEL PROGRESSION

Level 1: Use cones and/or directional arrows to help students understand where to move.

Level 2: Skilled classes may be ready to work in pairs and pass the foam ball from partner to partner toward the end zone.

ACADEMIC LANGUAGE

Locomotor Skills, Positive, Respect, Share, Start/Stop Signal

PRIORITY OUTCOMES

Social Interaction:

Discusses the reasons for participating in physical activity with friends.

DISCUSSION QUESTIONS

- What would you put on a list about sharing equipment? How does it make you feel when your friends share with you during physical education class?
- What are some respectful and positive words that we can use to ask someone to share with us?